



Mental health and wellness

A Kaiser Permanente overview

Shellie Kahane, MD, MPH May 21, 2019

Current Landscape of Mental Health



Kaiser Permanente's Continuum of Care

Self-Help
and
Wellness

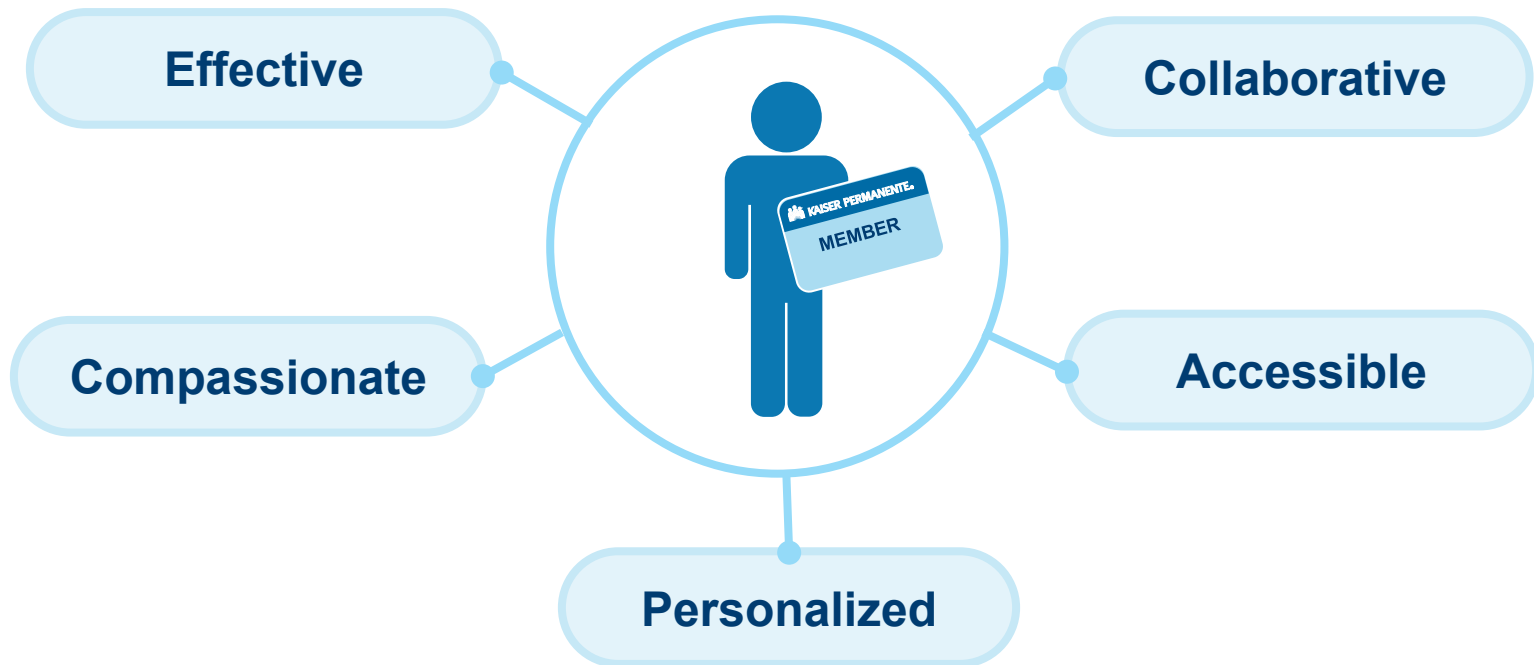
Primary
Care and
ED Settings

Mental
Health and
Addiction
Medicine
Services

Intensive
Outpatient
Mental Health
and Addiction
Medicine
Services

Inpatient
Mental Health
and Addiction
Medicine
Services

Virtual Medical Centers transform care delivery: Convenient, patient-centered care



Feedback-Informed Care: A Mental Health and Addiction Med Outcomes Management System



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Ask for an iPad® to fill out your Treatment Progress Indicator

Your Treatment Progress Indicator (TPI) helps your provider understand your progress and customize your treatment.

Try to arrive 15 minutes early so you can complete your TPI before your session. Even if you arrive on time or late, still remember to complete the TPI.

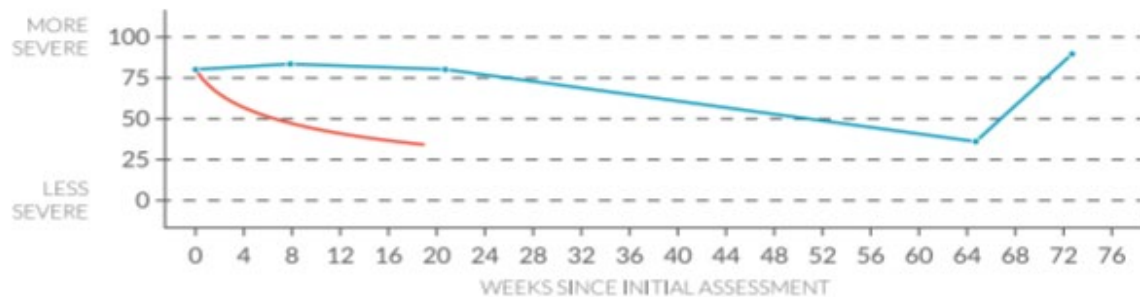
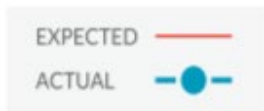
For more information, see the FAQ flier.

Treatment Response

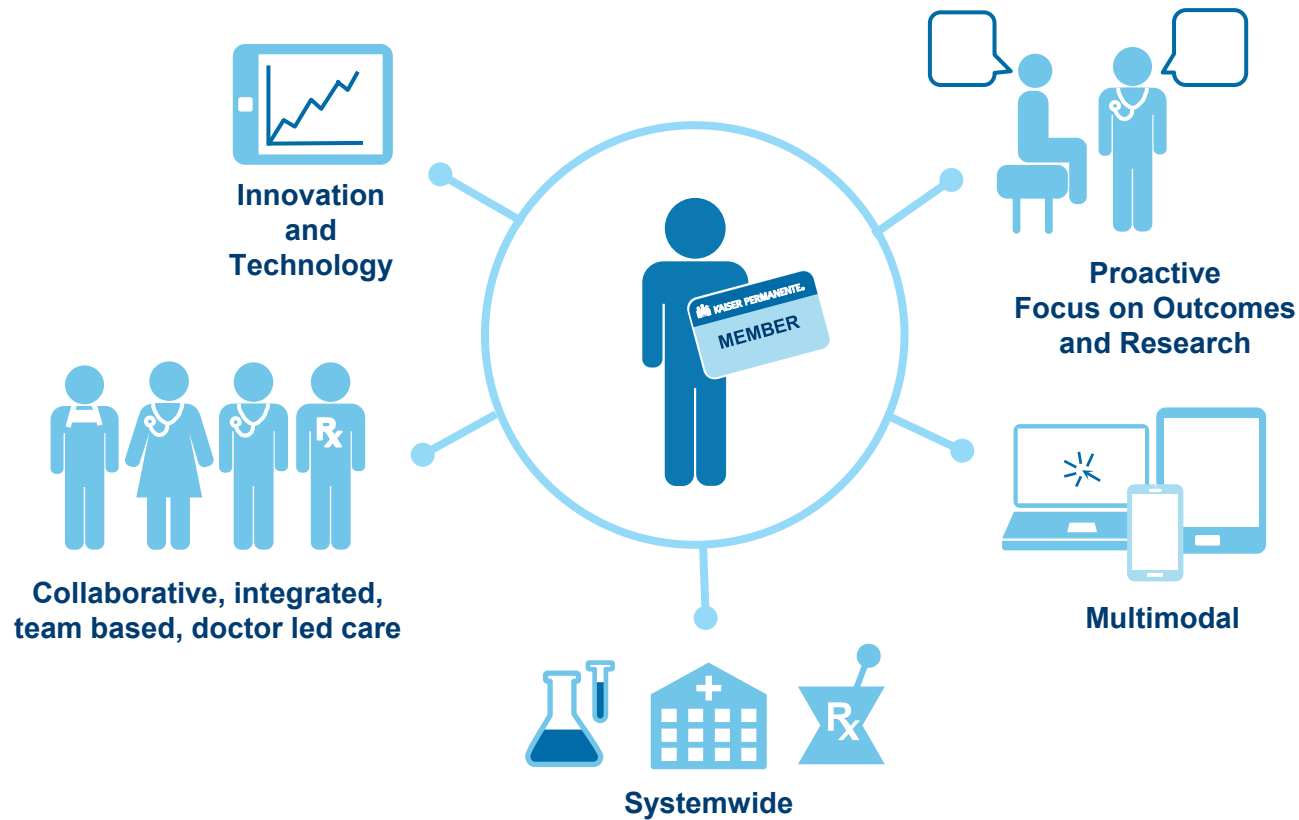


BEHAVIORAL HEALTH IMPAIRMENT (PERCENTILE)

How is this patient responding to treatment?



Strategic Areas of Focus for Mental Health and Addiction Medicine



Shaping the Future of Mental Health Care

“The entire health care industry needs to take a unified approach to mental health with the understanding that the mind and the body are irrefutably connected. At Kaiser Permanente, we have begun this journey to reconnect the mind to the body.”

Bernard J. Tyson

Kaiser Permanente Chairman and CEO