

Mental Health is Bigger than Mental Health

Strategies for Improving Care, Access and Workplace Experience

May 21, 2019, 8:30 – 4:00 pm

Marriott Union Square

480 Sutter Street, San Francisco CA 94108

9:00 Welcome & Overview of the Day

- It's all Connected: Wellbeing, Health, Behavioral Health and Absence Management
- Impact on Cost of Presenteeism and Absenteeism
- Impact on Total Cost of Health Care

Tom Parry, PhD, President, Integrated Benefits Institute

9:10 The Mental Health Moment

- Why important? Why Now?
- Prevalence of depression, anxiety, substance use disorder and alcohol overuse
- Emerging global movement to profoundly change the trajectory of mental health care – what we can do to overcome barriers to care?

Craig Kramer, Mental Health Ambassador and Chair, Global Campaign on Mental Health, Johnson & Johnson

9:50 We Care: EY's Approach to Mental Wellness

- Addressing mental health stigma in the workplace
- Actions to improve mental health and wellbeing
- An approach to implementation
- Lessons learned and success factors

Michael B. Weiner, EY Assist Leader, Total Rewards, Ernst & Young LLP

10:30 Networking Break

10:45 Extending the Continuum of Care: Actions to Improve Care Today

- Moving beyond traditional health plan and managed behavioral health organization roles
- Aligning external mental health services in an integrated delivery system
- Providing patient-centered solutions and enhanced access through telehealth

Colleen Daly, PhD, MPH, Global Wellness Benefits Manager, Microsoft

Steve Wigginton, CEO, Sutter Health Aetna Joint Venture

Chris Dennis, MD, Chief Behavioral Health Officer, Landmark Health & Psychiatrist, Teladoc Health

Shellie M. Kahane, MD, MPH, Chair, Regional Mental Health, The Permanente Medical Group, Kaiser Permanente Northern California

Emma Hoo, Director, Pay for Value, Pacific Business Group on Health

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Agenda, continued

11:45 Networking Lunch

12:15 Comcast: Integrating Behavioral Health across the Benefits Continuum

- Addressing the needs of a diverse employee population (cable, NBC Universal, HQs, theme parks)
- Impact of mental health at Comcast (high level STD impact, healthcare costs, productivity)
- Eliminating barriers to care holistic behavioral health strategy (plan design, EAP and BH network design, expanded EAP)
- A look at integrated behavioral health design, 4 years later, what have we learned?
- Looking ahead: clinics, telehealth, digital solutions and integration with absence management

Jill Personett, Senior Director, Benefit Design and Strategy

Scott Daniels, Senior Director, Disability Benefits

Dodi Kelleher, DMH, MS, Health & Wellbeing Consultant

12:55 Employer-Provider Solutions: Boeing & MemorialCare

- Goals for integrating behavioral health into primary care
- Program overview and outcomes to date
- Expanding access through video telehealth and online tools
- Creating a seamless employee experience

Mark Schafer, MD, Chief Executive Officer, MemorialCare Medical Foundation

Linda Brady, Health Care Strategy & Policy, Boeing Inc.

1:35 Networking Break

1:50 Expanding Access – New Paths to Mental Well-being

- Digital and telehealth solutions for accessing care when its needed
- Promoting resilience and overall wellbeing
- Tools and resources for employers
- Improving integration with absence management

Sean McBride, Head of Partnerships, Lyra Health

Rachelle Taylor, U.S. Benefits Consultant, NetApp

Dan Jolivet, Workplace Possibilities Practice Consultant, The Standard

John Tume, MD, APA Foundation & Center for Workplace Mental Health Advisory Council Member

Moderator: Olivia Ross, Associate Director, PBGH Employers Centers for Excellence

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Agenda, continued

- 2:50 **Leveraging EAP in Benefit Design and Absence Management**
- Selecting an EAP partner
 - Expanding EAP services and program design
 - Educating employees to use EAP services
 - Maternal mental health – addressing both prenatal and post-partum needs
 - Supporting return to work and maternal health needs
- Jennifer Dalton, Project Manager at Gap Inc./Old Navy*
Dana Stuscavage, LMFT, Advisor, Employee Assistance & WorkLife Services, Global Health and Medical, Chevron Corporation
Abbie Yant, RN, MA, Executive Director, San Francisco Health Service System
Bryon Bass, CLMS, Sr Vice President, Workforce Absence, Sedgwick
Moderator: Tom Parry, PhD, President, Integrated Benefits Institute
- 3:50 **Conference Takeaways: Where do you go from here?**
- What will you be doing?
 - Engaging senior management
 - Promoting value proposition of investing
- Lauren Vela, Senior Director, Member Value, Pacific Business Group on Health*

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